



INTERNATIONAL WINTER SCHOOL



03-09 **March 2025**
Nalanda University, Rajgir, Bihar - India

This program “The Philosophy of Everyday Life” is designed to critically investigate into the ordinary experiences, habits, and activities that shape daily life, encouraging thoughtful reflection on their deeper meanings and implications. It aims at bridging the gap between abstract philosophical ideas and the practical realities of lived experience, fostering a deeper understanding of how individuals navigate and assign meaning to the seemingly commonplace.

Day-wise Activities:

DAY 1: 03 March 2025

Introduction : Philosophy of Everyday Life

DAY 2: 04 March 2025

- Indian Tradition
- Memory Studies & Philosophy of Everydayness

DAY 3: 05 March 2025

Mindfulness and Buddhist Perspectives

DAY 4: 06 March 2025

Community and Sustainable Living

DAY 5: 07 March 2025

Art and Culture

DAY 6: 08 March 2025

Word and World

DAY 7: 09 March 2025

Reflection, Integration, and Action

Registration Fee (Food and Accommodation):

- Amount: INR 10,000 (150 USD) for External Candidates
- Amount: INR 3,000 for NU Masters' Candidates
- For further details : <https://nalandauniv.edu.in/short-term-courses/>

Objective :

To uncover the profound philosophical significance of everyday life through philosophical inquiry, critical thinking, emphasizing mindfulness, sustainability, and personal growth. The program integrates insights from Indian philosophy, art, and literature to address contemporary challenges and inspire a more thoughtful, meaningful existence.

Apply Before:
20 February 2025

Confirmation by
21 February 2025

Fees to be paid by
26 February 2025

