



**Nālandā**  
UNIVERSITY

An Avant-Garde International University  
under the aegis of Ministry of External Affairs, GoI



# GERIATRIC YOGA WORKSHOP

**11th & 12th April, 2025**

**Venue: Yoga Centre, Nalanda University**

**Rajgir, Nalanda, Bihar - 803116**



**Register by : 6th April, 2025**

**Age : 18 years and above**

For any queries please write to: [divya.sharma@nalandauniv.edu.in](mailto:divya.sharma@nalandauniv.edu.in)

or call us @ 06112-255330

**Registration link: <https://forms.gle/YbBZmg5fDtqm6gaW8>**

Note 1: There will be no arrangement for Stay and Dinner. Breakfast and lunch will be available for the participant on 11th & 12th, April 2025.

Note 2: An email will be sent to the eligible registered applicants. Participants will be allowed entry upon production of email received from University and Aadhar card.